

IN THIS HYGIENE KIT YOU WILL FIND:

A set of items designed to keep you safe and prepared to stop the spread of COVID-19.

PERSONAL HYGIENE

SOAP

Help yourself & your loved ones stay healthy by washing your hands frequently for 20 seconds with soap & water. Key times to wash hands: before, during, and after preparing food, after using the toilet, after changing diapers or cleaning up a child who has used the toilet, after blowing your nose, coughing, or sneezing.

SOAP

DETERGENT

Laundry detergent is used to clean clothes and cloth masks. Clothes and cloth masks should be washed frequently especially after going outside or interacting with other people.



HOUSEHOLD WASHING

DISH RAG/ SPONGE

Sponges are used to clean dishes and kitchen items. Wet the sponge with clean water, add dish-washing liquid and use in a circular motion to clean and disinfect items for at least 20 seconds. To clean your sponge/dish-rag soak in warm water mixed with bleach for one minute. Dry.



DISH WASHING LIQUID

The purpose of dish-washing liquid is to clean dishes, cups, and utensils after use. Dishes, cups, and utensils should not be shared and should always be washed after use.



BUCKET

The bucket can be used for cleaning purposes such as cleaning your cloth mask and clothes.

